

Long Preston Menu

Autumn Term 2020

WEEK 1

Monday

Pizza, Chips, Baked Beans, Peas
Chocolate Sponge & Chocolate Sauce

Tuesday

Meat & Potato Pie, Broccoli &
Cauliflower
Iced Buns

Wednesday

Chicken Korma, Rice & Green Salad
Fruit Muffin

Thursday

Sausage, Mash & Gravy, Sweetcorn & Green
Beans
Jam Sponge & Custard

Friday

Fish Fingers, Potato Wedges, Carrots & Peas
Rice Pudding & Peaches

Fresh Made Bread served daily
Vegetarian options available daily
Yoghurts & Fresh Fruit is offered daily

WEEK 2

Monday

Macaroni Cheese, Broccoli & Cauliflower
Chocolate Pudding & Chocolate Sauce

Tuesday

Chicken Pie, Roast Potato, Cabbage
& Sweetcorn
Jam Sponge & Custard

Wednesday

Mince Beef Wraps, Rice & Veggie Sticks
Banana Brownie

Thursday

Pasta Meatballs, Green Beans & Carrots
Raspberry Bun

Friday

Salmon, Chips, Peas & Beans
Apple Flap Jack Pudding & Custard

WEEK 3

Monday

Cheese & Tomato Pasta Bake, Sweetcorn & Peas
Rice Pudding & Jam

Tuesday

Chicken Korma, Rice, Carrots & Green
Beans
Fresh Fruit Salad

Wednesday

Beef Burger, Chips, Sweetcorn & Baked Beans
Fruit Sponge & Custard

Thursday

Beef Stew, Mash, Cabbage & Carrots
Chocolate Catherine Wheel

Friday

Battered Fish, New Potatoes, Broccoli &
Cauliflower
Butterfly Buns